

LAKSHYA PATH PROJECT

AN UNIQUE INDO PAK BORDER VILLAGES HEALTH and LIVING INITIATIVES BY LARGEST HEALTH NGO AAROGYA BHARTI

BORDER SUPPORT PARTNER



SEEMA JAN KALYAN SAMITI

KNOWLEDGE, CONCEPT & TRAINING PARTNER



LOKAYURVED WELLNESS CONCEPT

Vision

An Initiative to Re- establish " स्वस्थ जीवन शैली " of Bharat at Bharat

Mission

Re-Establishing Bhartiya Traditional ways of Natural HEALTH and Empowered LIVING at Remotest and Last Mile Border Villages of Kutch, Gujarat

No. of Adopted Villages

Initially, Around 10 nos. of villages will be adopted in Lakhpat and same may be increased depending on the availability of Funds.

AIMS TO ACHIEVE THE FOLLOWING

THE PROJECT AIMS TO REVIVE FOLLOWING SOCIAL and HUMAN VALUES

- Revival of Traditional ways of HEALTH PROTECTION,
 PROMOTION and CURE at villages
- Establishment of unique AYUSH Wellness Centre at LAKHPAT, centrally placed from all nearby Villages
- Also Work on REGIONAL DISEASE REGIONAL HERBS for cure.
- WELLNESS Based EMPOWERNMENT opportunity creation for local Youth and Women
- Saving of HERBS and SPICES on the Verge of Extinct by encouraging and guiding local Tribal (who still recognize local herbs) Communities to work again on the same.
- Promote already existing GAUPALAN Traditions by working as concept support for Maldhaari (Pashudhan Palak)Communities
- Implementation of GARBHVIGYAN for Best Progeny at villages, Child Immunity and to give Healthy and Strong Next Generation to Bharat
- Support to Restore ENVIRONMENT through Farming, Water Bodies, Heritage etc.
- Great Opportunities for many Research Scholars, institutions to Learn and Work for Right way of Living

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Why Lakhpat

Resource Strength of selected Villages

- Best Quality of GauVansh and Gaupalak communities in abundance
- Other Pashudhan communities are also there
- Both Sea and Deserts based Unique Herbs availability
- Traditional Art / Music / Healing based communities are still there
- Villages are still young with available Youngsters
- Historically also a strong place on Indian Map
- Stratigically located at Indo Pak Border

Project will provide Both Health & Empowerment with right use of Local resources

Means

Traditional Healthy Living

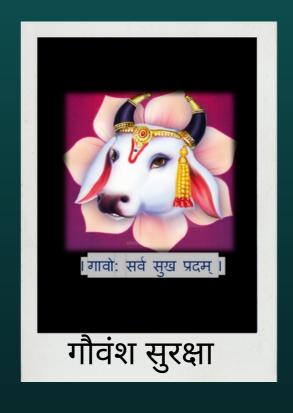
2021-2025

5 YEARS INITIATIVES AT A GLANCE



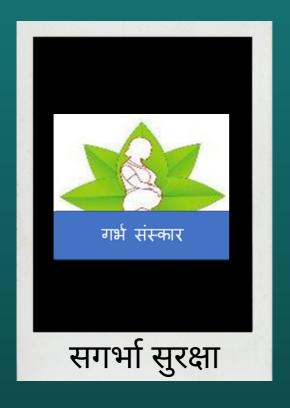






2021-2025

5 YEARS INITIATIVES AT A GLANCE









Project Inauguration

August 2021 Narayan Sarovar, Lakhpat

In the gracious presence of Aarogya Bharti, SeemaJan Kalyan Samiti, Lokayurved Concept Teams. Others Like GMDC, BSF IN charge, Village Sarpanch and Saints were also present



Transforming Thoughts into Reality

Working Roadmap

CREATING AAROGYA MITRA THROUGH AAROGYA MITRA TRAINING PROGRAM



लक्ष्य पथ

आरोग्य भारती एवम् सीमाजन कल्याण समिति की विशेष स्वस्थ सीमावर्ती ग्राम परियोजना





LET'S JOIN

TO BOOSTUP
BORDER VILLAGE LIVES

BECOME AN AAROGYA BHARTI's

AAROGYA MITRA (Kishori Special)

OUR VISION

स्वस्थ व्यक्ति, स्वस्थ परिवार, स्वस्थ ग्राम, स्वस्थ राष्ट्र

TRAINING PROGRAM SCHEDULE 14-18 फरवरी 2022 सायण ग्राम, लखपत , कच्छ

PROGRAM BENEFITS

- GET CHANCE TO WORK WITH HIGHLY PROFESSIONAL DOCTORS
- LEARN THE WAYS OF HEALTHY LIVING TO KEEP YOURSELF, FAMILY, SOCIETY AND NATION HEALTHY
- LEARN TO WORK AS PARA MEDICAL ASSISTANT
- ENHANCE YOURSELF WITH THE ESSENTIAL KNOWLEDGE ON GAUVIGYAN, HOME REMEDIES, HERBS & SPICES USAGE, YOG, SUJOK, BASIC PANCHKARMA
- LEARN THE WAYS OF FEMALE SANITARY
 HYGIENE AND AYURVEDIC ANTENATAL POSTNATAL CARE DURING PREGNANCY



SPECIAL GUEST

Hon. Kirtisinh Vaghela
Minister of Primary, Secondary
& Adult Education
Prabhari Mantri Kachchh
Govt. of Gujarat

विचार एवम् आयोजन सहयोग

Contact Person: 8141594618 : Ms. Hansa Rabari 9712431794 : Ms. Raju Rabari



More Information:

Aarogya Mitra is key mediator person of this project.

Transforming Thoughts into Reality

Working Roadmap AAROGYA MITRA TRAINING PROGRAM

- Village Level 5 Days Aarogya Mitra Training Program has been executed in following ways
 - a. Training Mode Subject Experts/ Doctors takes classes For Theory Knowledge
 - b.Service Mode Free Medical / Subject Expert
 Camps are executed simultaneously during
 training program by Experts/Doctors like
 Gauvansh Suraksha, Netra Suraksha etc as
 mentioned above to serve Locals with required
 medical needs and Aarogya Mitra gain
 Practical Knowledge by observing the same in
 the presence of experts
 - c. Practice Mode Aarogya Mitra then Practices all this learned Knowledge again n again by supporting Experts/ Doctors in continuous and Regular Medical Follow-up camps in his village

Working Roadmap

AAROGYA MITRA TRAINING PROGRAM

- Five days Aarogya Mitra Training Programs in adopted 10 villages at various levels
- 1.Basic
- 2. Advance
- 3.Final
- Programs will also include Practical Working Site visits within or outside Lakhpat for advance knowledge
- Aarogya Mitra will be given one AAROGYA KIT after successful training of One Year.
- Aarogya Mitra will also learn to operate Tele Medicine System for Online Expert/ Doctor Support to his village after one year
- Aarogya Mitra will also learn to keep all data records for further use
- Aarogya Mitra will also become a Trained person to Promote Healthy living knowledge along with Cure

Aarogya Mitra -Ongoing

First Aarogya Mirta Residential Training Program District Level

6th - 8th August 2021 Narayan Sarovar, Lakhpat



Second Aarogya Mirta Training Program Village Level

January 2022 Village NavaNagar , Lakhpat



Third Aarogya Mirta Training Program Village Level (Kishori Special)

February 2022 Village Sayan , Lakhpat



Fourth Aarogya Mirta Training Program Village Level

March 2022 Village Umarsar , Lakhpat





Fifth Aarogya Mirta Training Program Village Level

May 2022 Village Kapurasi , Lakhpat





Sixth Aarogya Mirta Training Program Village Level

June 2022 Village JULRAI , Lakhpat

in association with

CED, Government of Gujarat







Many Major Media Like AIR -Bhuj, Kutch Mitra, Divya Bhaskar, Maa Ashapura are covering these Regular Training events and supporting to promote this National welfare Project as their Special Program



Few GLIMPSE of Ongoing Medical Camps on regular basis in villages during Aarogya Mitra Trainings

DANT SURAKSHA



लक्ष्य पथ



आरोग्य भारती एवम् सीमाजन कल्याण समिति द्वारा सीमावर्ती ग्रामो मे चल रही विशेष परियोजना



। दन्त दार्ठयकरं परम् सेव्यम्

नि:शुल्क दंत सुरक्षा यज्ञ



इसमे देश के विख्यात दंत चिकित्सक वैद्य जयसुख मकवाना जी अपनी सेवा देंगें।

हिलते दांत - मसुडों की सुजन - दाँतो का दर्द - दाँतो की झुनझनाहट - दांत व मसुडे से खुन निकलना इत्यादि दांतों के रोग में दांत इंजेक्शन के बिना , दर्द के बिना तथा बिना खुन आये

आयुर्वेद की महान दंत विद्या 'जालंधरबंध' से निकाले जाएँगे।

दिनांक: 14 मार्च 2022, सोमवार

समय: 10:00 बजे, सुबह

स्थान: GMDC Community Hall, उमरसर, लखपत

निशुल्क पंजीकरण एवम् जानकारी हेत्, सम्पर्क करे -8511969243/8454059872

विचार एवम् आयोजन सहयोग ||लोकाय्वेंद।|



TOOTH EXTRACTION WITH AYURVEDIC **JALANDHAR BANDH** YOGIC PRAKRIYA WITHOUT PAIN, BLOOD, **ANESTHESIA**

NETRA SURAKSHA



लक्ष्य पथ



आरोग्य भारती एवम् सीमाजन कल्याण समिति द्वारा आयोजित



॥ सर्वे भद्राणि पश्यन्तु ॥

नि:शुल्क नेत्र सुरक्षा यज्ञ



जिसमे आयुवेद के नेत्र चिकित्सक वैद्य हेमांग शर्मा जी अपनी सेवा देंगें।

आंखो का चश्मा उतरवाना - कमजोर नजर को ठीक करना - आंखो का दर्द - मोतियाबिंद की समस्याया का निदान - जडी बूटी से अंजन बना कर उपयोग बताया जायगा आयुर्वेद की विशेष नेत्र विद्या से भी निदान किया जाएगा।

अतिथि विशेष

सभी माननीय सरपंच गण अथवा उपसरपंच गण

दिनांक: 17 फरवरी 2022, गुरुवार समय: 3:30 बजे, शाम

स्थान : प्राथमिक शाला, ग्राम सायण , लखपत, कच्छ

निशुल्क पंजीकरण एवम् जानकारी हेतु, **सम्पर्क करे** -8511969243/8454059872





KISHORI SURAKSHA



॥ निमंत्रण ॥

लक्ष्य पथ



आरोग्य भारती एवम् सीमाजन कल्याण समिति द्वारा आयोजित

किशोरी एवम् सगर्भा सुरक्षा यज्ञ



॥ कली से कुसुम तक॥

किशोरिओं एवम् सगर्भा महिलाओं को अवस्था विशेष का स्वास्थ्य ज्ञान , हिमोग्लोबिन चैक , महिला वैद्यों द्वारा प्रत्यक्ष मार्गदर्शन एवं आवश्यक उपचार



जिसमे गर्भ संस्कार विशेषज्ञ वैद्य करिश्मा नारवाणी जी अपनी सेवा देंगें।

दिनांक : 13 मार्च 2022, रविवार

समय : 10 बजे , सुबह

स्थान : GMDC Community Hall, उमरसर , लखपत, कच्छ

विचार एवम् आयोजन सहयोग





SHISHU SURAKSHA



लक्ष्य पथ

आरोग्य भारती एवम् सीमाजन कल्याण समिति द्वारा सीमावर्ती ग्रामो मे चल रही विशेष परियोजना



शिशु सुरक्षा

KIDS AYURVEDIC IMMUNIZATION DRIVE



II बालो ही बलम् राष्ट्रस्य II

स्वर्ण प्राशन - बालको का विशेष रसायन

- रोग प्रतिरोधक क्षमता में वृद्धि
- बुद्धि, मन, बल एवं पाचन शाक्ति में वृद्धि
- बच्चे की स्मरण शाक्ति में बढ़ोत्तरी
- बेह्तर मानसिक एवं शारीरिक विकास
- सुन्दर वर्ण और मधुर स्वर का विकास



दिनांक : 14 मार्च 2022, सोमवार समय : 03: 00 बजे शाम

स्थान : BX-5 , GMDC कालोनी , वर्मा नगर, लखपत, कच्छ

निशुल्क पंजीकरण एवम् जानकारी हेतु, सम्पर्क करे - 9099952981/9979846460

विचार एवम् आयोजन सहयोग

||लोकायुर्वेद|| The Wellness Revolution



VAN UPVAN SURAKSHA



लक्ष्य पथ

आरोग्य भारती एवम् सीमाजन कल्याण समिति द्वारा आयोजित



वन उपवन सुरक्षा

Herbs and Spices Awareness Program



॥ औषधय शान्तिः॥

जिसमे श्री निकुंज त्रिपाठी जी ,एम.फार्म. डायरेक्टर ,"कजरी" फ़ार्म , गुजरात सरकार अपनी सेवा देंगें।

दिनांक : 17 फरवरी 2022, गुरुवार समय : 12:00 बजे दोपहर स्थान : प्राथमिक शाला, ग्राम सायण , लखपत, कच्छ

निशुल्क वर्ग पंजीकरण एवम् जानकारी हेतु , सम्पर्क करे नितिन भाई पटेल - 9428778585



Regular meetings with Tribal communities Recognize Local hers and use it to heal Traditionally



GAUVANSH SURAKSHA



लक्ष्य पथ



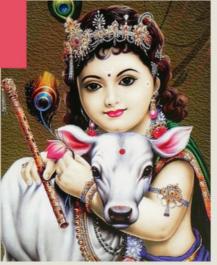


॥ गावो विश्र्वस्य मातरः॥



सादर आमन्त्रण गौविज्ञान जानने हेतु

कामधेनु कथा



9:00 बजे रात्रि फरवरी 16, पूर्णिमा तिथि प्राथमिक शाला , ग्राम सायण लखपत, कच्छ

कथावाचक : आयुर्वेदाचार्य वैद्य हितेश जानी



FIRST PANCHGAVYA PARISHIKSHAN VARG MARCH 2022, Village - PANADHARO



लक्ष्य पथ

आरोग्य भारती एवम् सीमाजन कल्याण समिति द्वारा सीमावर्ती ग्रामो मे चल रही विशेष परियोजना



गौवंश सुरक्षा 🎊

पंचगव्य प्रशिक्षण वर्ग



गाय, ग्राम और गौरी भारत की जीवन डोरी

मार्च 23-24, 2022 समाजवाडी , नवानगर लखपत- कच्छ

निमंत्रक

नयनाबेन विजयकुमार हेड़ाऊ उप सरपंच , पानध्री ग्राम पंचायत आशीर्वचन

पू. सोनललालजी महाराज महंत श्री , नारायण सरोवर जागीर अध्यक्ष

श्री मेघजी भाई पटेल गौसेवा गतिविधि , प्रांत संयोजक ,रा. स्व. संघ उद्घाटक

श्रीमती अमिता बंधिया संचालक,अक्षर गीर गौशला कोरपोरेटर , जामनगर महानगर पालिका अतिथि

श्रीमती मनीषा शाह डायरेक्टर, कामधेनु अर्थसेतु कंपनी,जामनगर

सहयोग : गौसेवा गतिविधि - राष्ट्रीय स्वयंसेवक संघ विचार एवम् प्रशिक्षण सहयोग : लोकायुर्वेद

Join the Movement, Call: 93184-40221: www.lokayurved.com





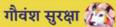


SECOND PANCHGAVYA PARISHIKSHAN VARG APRIL 2022, Village - UMARSAR



लक्ष्य पथ

आरोग्य भारती एवम् सीमाजन कल्याण समिति द्वारा सीमावर्ती ग्रामो मे चल रही विशेष परियोजना





पंचगव्य प्रशिक्षण वर्ग



अप्रैल 29-30, 2022 आरम्भ : 29 अप्रैल ,शाम 4 बजे

गांव उमरसर- कच्छ

GMDC Community Hall

गाय, ग्राम और गौरी भारत की जीवन डोरी



. शास्त्री देवचरणदास स्वामी श्री हरि तपोवन गुरुकुण रामपर-वेकरा

श्री परबत भाई गोरसिया गौसेवा गतिविधि रा. स्व. संघ कच्छ विभाग श्री स्वरूपाजी जाडेज़ा अग्रणी उमरसर

निमंत्रक श्री हमीरजी जाड़ेज़ा

सरपंच , उमरसर ग्राम पंचायत

सहयोग : गौसेवा गतिविधि - राष्ट्रीय स्वयंसेवक संघ विचार एवम् प्रशिक्षण सहयोग : लोकायुर्वेद

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THIRD PANCHGAVYA PARISHIKSHAN VARG MAY 2022, Village - SAYAN



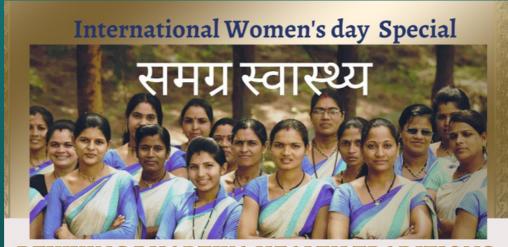


Fourth PANCHGAVYA PARISHIKSHAN VARG JUNE 2022, Village - KAPURASI





Project Set an Pilot example as Unique Solution to Health and wellness issues at such remote and Border villages in coming days



REVIVING BHARTIYA HEALTH TRADITIONS

INVITER

Ayushman Bharat Department of Health Taluka Health Officer Lakhpat, Kutch Government of Gujarat

VENUE

Maheshwari Samajwadi Vill Dayapar Taluka Lakhapat , Kutch

To know More, Visit



www.lokayurved.com

INTRODUCTORY TRAINING SEMINAR FOR

ASHA WORKERS

8th March , 9:30AM - 12:30PM Followed By LUNCH

SPECIAL GUEST
Dr. Mehulkumar Barasara
Sub Divisional Magistrate and
Deputy Collector, Nakhtrana, Kutch

KEY SPEAKER

Vaidya Hitesh Jani Ex- Principal , Gujarat Ayurved University , Jamnagar

Trials are going in this direction also at Lakhpat Taluka

Project has versatile Indian Knowledge based Research opportunities for many scholars.

So Academic Institutes wil also be part of this for Researches



Unique Research Topics

Health - Environment - Living - Social change

A Seminar with Research scholars & Scientists

AKSHYA PATH







Seminar Chairperson



January 29,2022, Saturday 11:00am and 10:30am (Assembly Time)

Kutch university conference Hall, Bhuj Followed by LUNCH

Special Presence



🥁 Acharya Deep Koirala

Subject Key Speaker





SUPPORT BY 🕵



KNOWLEDGE BY ||लोकायुर्वेद।|



Prior Registration Mandatory, For Info Contact: 9429006729, 9429613901



GUJARAT TECHNOLOGICAL UNIVERSITY

Chief Patron



Hon. Vice Chancellor Gujarat Technological University

Patron

Registrar Gujarat Technical university

Chief Guest

Joint Commissioner, Ayurveda Food and Drug Control Administration Government of Gujarat

Guest of Honour

Dr. R. N. Prasad

Director Centre for Entrepreneurship Development Government of Gujarat

Invitee

Director Graduate School of Pharmacy, GTU

COORDIALLY INVITES ALL

FOR A SEMINAR ON

TECHNOLOGY FOR TRADITIONS

A PRESENTATION



TO REVIVE BHARTIYA HEALTH TRADITION AT INDO PAK KUTCH BORDER VILLAGES

SPEAKER Dr. HITESH JANI



Time: 17th March 2022, Venue: B0, Seminar Hall, GTU, Chandkheda

Scan OR code for location



Note: Tea and Snacks are arranged 10:00 AM on ward

Project By



Support By



Knowledge By

॥लोकायवॅद॥

Contact: Mr. Udaykumar Vegad: 9228891990

Awareness is going on in Institutes like Kachchh university & GTU etc.

Project is powered by the Knowledge, Concept Planning ,Training Content, Expert/ Doctor Support etc. through Nationally Acclaimed Ayurveda Wellness Concept



NATIONAL LEVEL AYURVEDA BASED WELLNESS CONCEPT & WELLNESS TOURIAM CONCEPT PROVIDER GUJARAT TOURISM (Govt. Of Gujarat)

www.lokayurved.com

We Want You to JOIN US as our TEAM in either way ...

DONATE - Expertise or Wealth

SUPPORT - Do Research in every area associated with Health , Nature and Living

PROMOTE - Awareness in Society for traditional concept of Health and Living

LEARN - Enhance your Medical / Paramedical / Wellness Empowerment Skills

CONCLUDING SUTRA

स्वस्थ भारतीय जीवन शैली की वैज्ञानिकता और प्रास्ताविकता

-एक प्रायोगिक अध्ययन

To Support and Know more, Contact

93184-40221 | lokayurved.com | info@lokayurved.com